

LIST OF RELEVANT LITERATURE

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- 4. Hill, Chase (2021) <u>Healthy Boundaries: How to Set Strong Boundaries, Say No Without Guilt, and Maintain Good Relationships With Your Parents, Family, and Friends.</u>
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- 7. Nikken, P., in Schols, M. (2015). How and Why Parents Guide the Media Use of Young Children. Journal of Child and Family Studies, 24(11), 3423–3435. https://doi.org/10.1007/s10826-015-0144-4
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 <u>Developing Charisma, and Learning How to Talk to Anyone.</u> <u>More Books LLC</u>

