



WELL@SCHOOL

Screening tests for mental health problems



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Screening tests are useful tools for identifying whether symptoms or signs of mental health problems are prevailed. Screening tests are used within an overall clinical evaluation, and in any case they should be used by qualified mental health professionals.

Below there are some examples of screening tests that used to assess common mental health problems among children.



Anxiety Disorders

Screen for Child Anxiety Related Emotional Disorders (SCARED)

Available at: https://www.pediatricbipolar.pitt.edu/sites/default/files/SCAREDChildVersion_1.19.18.pdf

Hamilton Anxiety Rating Scale (HAM-A)

Available at: <https://dcf.psychiatry.ufl.edu/files/2011/05/HAMILTON-ANXIETY.pdf>

Diagnostic Interview for Children and Adolescents (DICA)

Available at: <https://www.sciencedirect.com/science/article/pii/S0890856709661013>

ADHD

Child Behavior Checklist for Ages 6-18

Available at: <https://aseba.org/wp-content/uploads/2019/02/schoolagecbcl.pdf>

Child ADHD Test

Available at: <https://albertacounselling.ca/assess-adhd-child.html>

Strengths and Difficulties Questionnaire (SDQ)

Available at: <https://www.sdqinfo.org/a0.html>

Depression Disorder

Center for Epidemiological Studies Depression Scale for Children (CES-DC)

Available at: https://www.brightfutures.org/mentalhealth/pdf/professionals/bridges/ces_dc.pdf

Mood and Feelings Questionnaire (MFQ)

Available at: <https://devepi.duhs.duke.edu/measures/the-mood-and-feelings-questionnaire-mfq/>

Life Events Checklist (LEC-5)

Available at: https://www.ptsd.va.gov/professional/assessment/documents/LEC5_Standard_Self-report.PDF



Eating disorders

SCOFF Questionnaire

Available at: <https://www.psychtools.info/scoff/>

Posttraumatic Stress Disorder

The Clinician Administered PTSD Scale for Children and Adolescents (CAPS-CA)

Available at: <https://www.ptsd.va.gov/professional/assessment/child/caps-ca.asp>

The Child PTSD Symptom Scale

Available at: [https://istss.org/getattachment/Clinical-Resources/Assessing-Trauma/Child-PTSD-Symptom-Scale-for-DSM-5-\(CPSS-5\)/CPSS-5-Scoring-Psychometrics.pdf?lang=en-US](https://istss.org/getattachment/Clinical-Resources/Assessing-Trauma/Child-PTSD-Symptom-Scale-for-DSM-5-(CPSS-5)/CPSS-5-Scoring-Psychometrics.pdf?lang=en-US)

OCD

The Short Obsessive-Compulsive Disorder Screener (SOCS) in children and adolescents

Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4998931/>

Short Leyton Obsessional Inventory-Child Version (SLOI-CV)

Available at: <https://www.div12.org/wp-content/uploads/2015/07/Short-Leyton-Obsessional-Inventory-Child-Version.pdf>

Children's Yale-Brown Obsessive Compulsive Scale

Available at: <https://iocdf.org/wp-content/uploads/2016/04/05-CYBOCS-complete.pdf>



ODD

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Available at: <https://aseba.org/wp-content/uploads/2019/02/schoolagecbcl.pdf>

Behavior Assessment System for Children: Second Edition (BASC-2)

Available at: <https://nathensmiraculousscape.com/out/writing/oppositional-defiant-disorder-assessment/>

Learning Disability

CAIDS-Q. The Child and Adolescent Intellectual Disability Screening Questionnaire

Available at: <https://onlinelibrary.wiley.com/doi/full/10.1111/dmcn.13998>

Addictions

Gaming: Screening and Assessment Tools

Available at: https://www.drdouglas.org/drpdfs/Gentile_Pathological_VG_Use_2009e.pdf

Yale Food Addiction Scale

Available at: <https://sites.lsa.umich.edu/fastlab/yale-food-addiction-scale/>