Biography- Jessica

Jessica is a nine-year-old girl admitted to a unit because of Asperger symptoms and she was having of troubles in sleeping and concentrating. Some kind of bullying in school also. She was admitted to the inpatient unit one week ago. Today, Jessica is in the playroom with the other children in the ward. She is a little bit nervous and tries to concentrate to her business.

Mental health history and presentation

Jessica was diagnosed with Asperger a year ago. Jessica has been down at times and showing also signs of frustration and anger. She has been able to participate to school time to time, but the noises in the classroom are a heavy burden to Jessica. The family has hired a teacher at home when Jessica has hard time at school. Jessica has been able to participate in this teaching. Sometimes Jessica can't focus on teaching and gets frustrated. Other things are interesting, and the other ones are not. Jessica is very talent in drawing and likes to do things alone. She gets upset easily if things don't go his way. Jessica gets easily upset by noises and unexpected situations.

Admission details

Jessica has now been on the ward for two weeks. She is now comforted to be in the common areas of the ward, but the last two mornings she has been little bit nervous because ward is full, and she must pay attention to others in playroom. Especially loud noises and strange people make her nervous and closed. Also nurses are new to Jessica.

Jessica is now in hospital school, but she is due to start normal school in a week's time. This makes Jessica little nervous.

Family history

Jessica´s mother and father divorced when he was five years old. She hasn't seen her mother since he was 6 years old. Her mother moved to abroad two years ago and does not want to be part of Jessica´s life.

Currently, Jessica´s family includes one brother who is eighteen years old.

The family has no support network.

Medical history

Jessica has no previous medications.